

TIME



Time is something people made a long
time ago.

Time helps us know when things
happened
and when things will happen.



Time moves in a line: past, present, and future.

Time only moves one way.

Time moves forward.

The past already happened.

We cannot change the past.



The present is happening right now.

Right now is this moment.

The future happens later.

It has not happened yet.

Time keeps moving.
We cannot stop time
or
change how it moves.

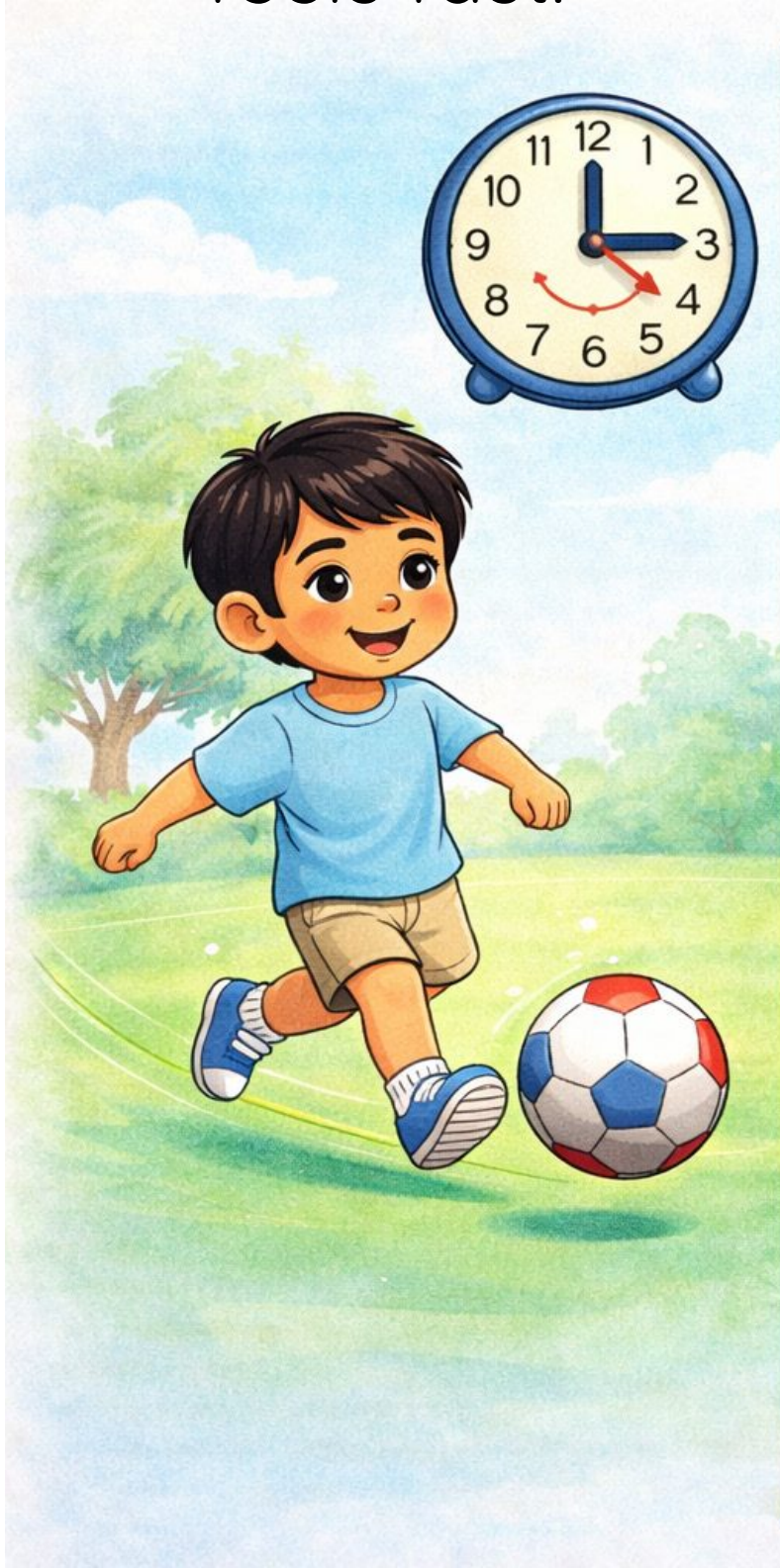


Time keeps moving when I am playing.
Time keeps moving when I am sleeping.

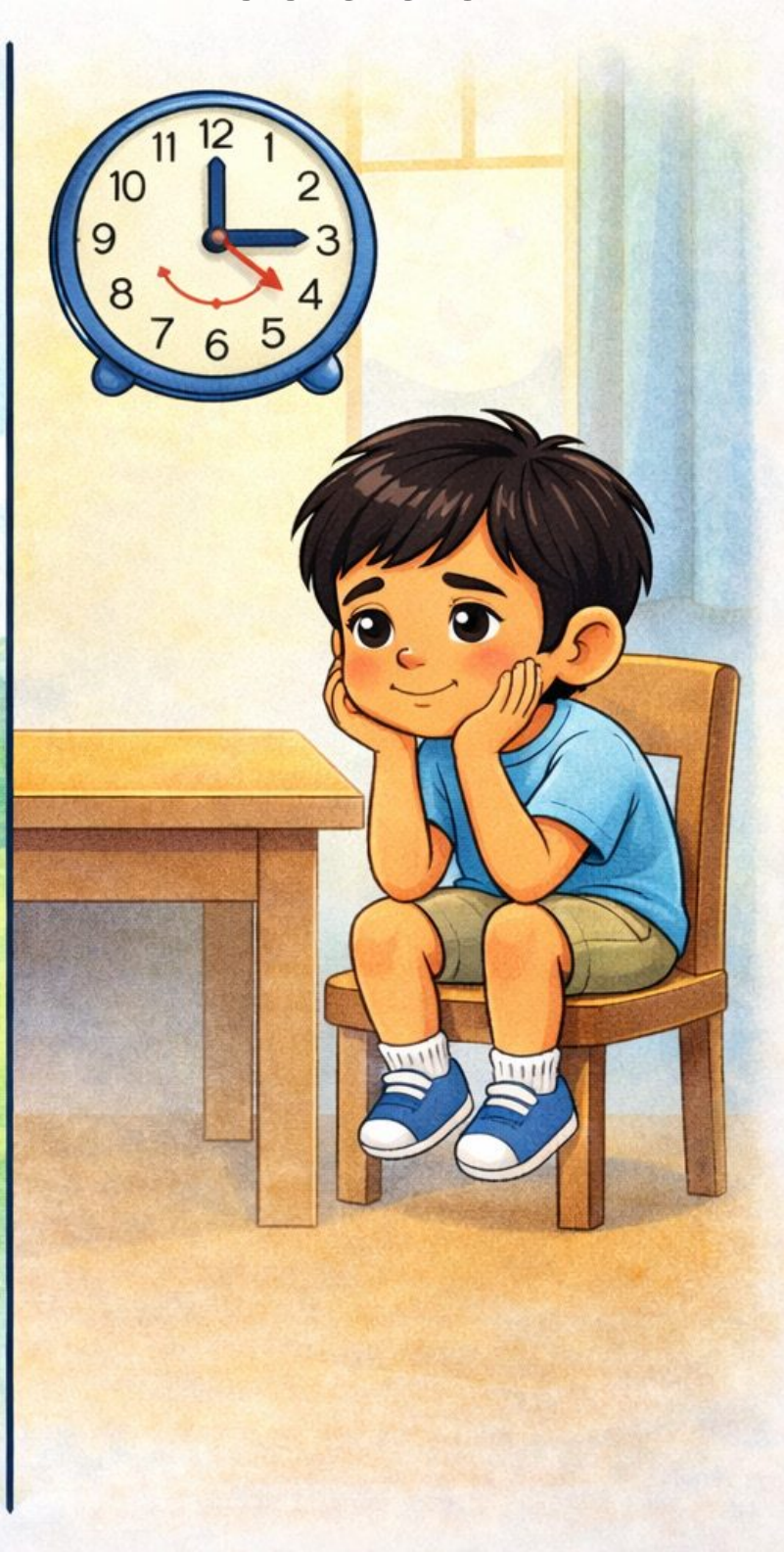


Time keeps moving for everyone.

Sometimes time
feels fast.



Sometimes time
feels slow.



But time always moves at the same
speed.

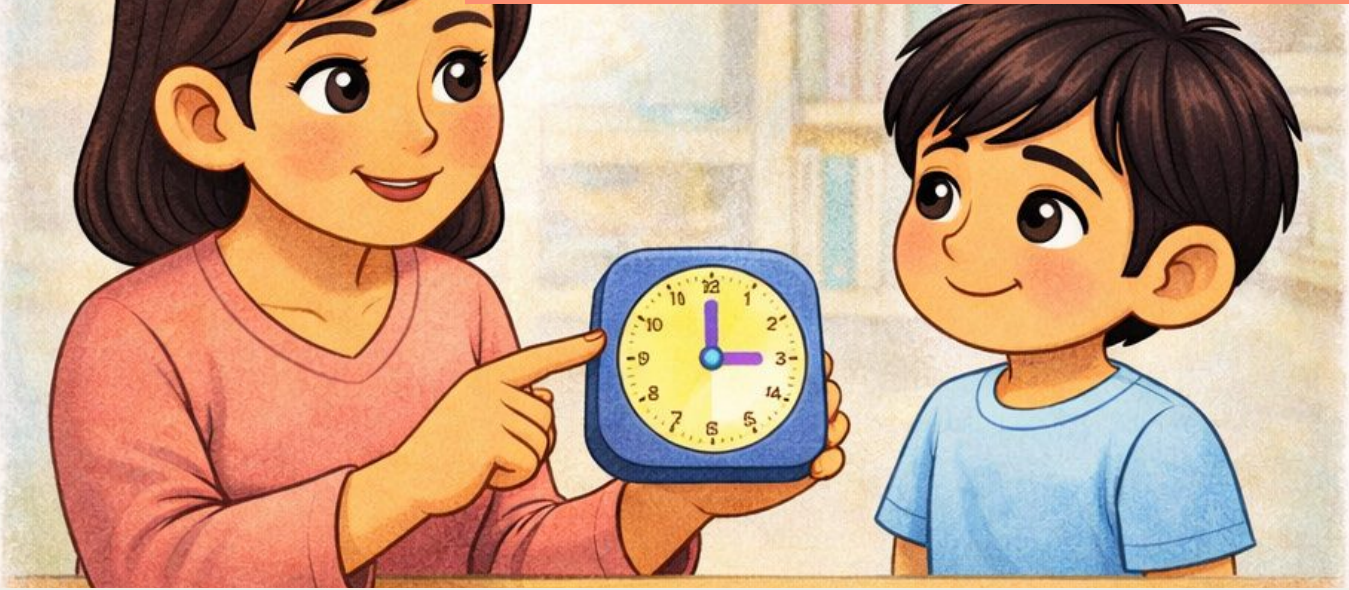


We can plan what to do with our time. Sometimes we can plan how long something will take.



Sometimes we cannot know how long something will take.
That is okay.

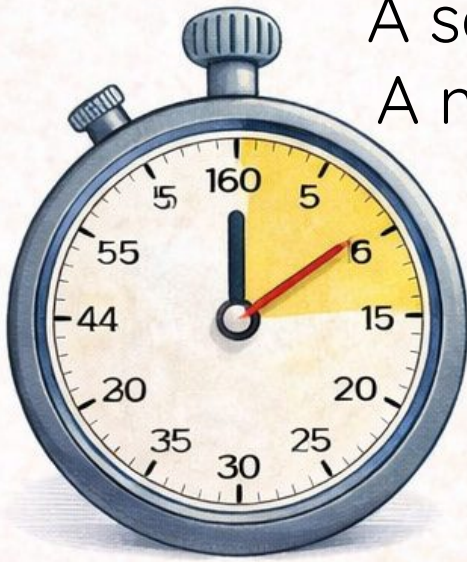
Sometimes other people tell us how much time we have.



That is okay too. We measure time in different sizes: seconds, minutes, hours, days, weeks, months, and years.



A second is always one second.
A minute is always 60 seconds.



= **1**
minute

60 seconds



=



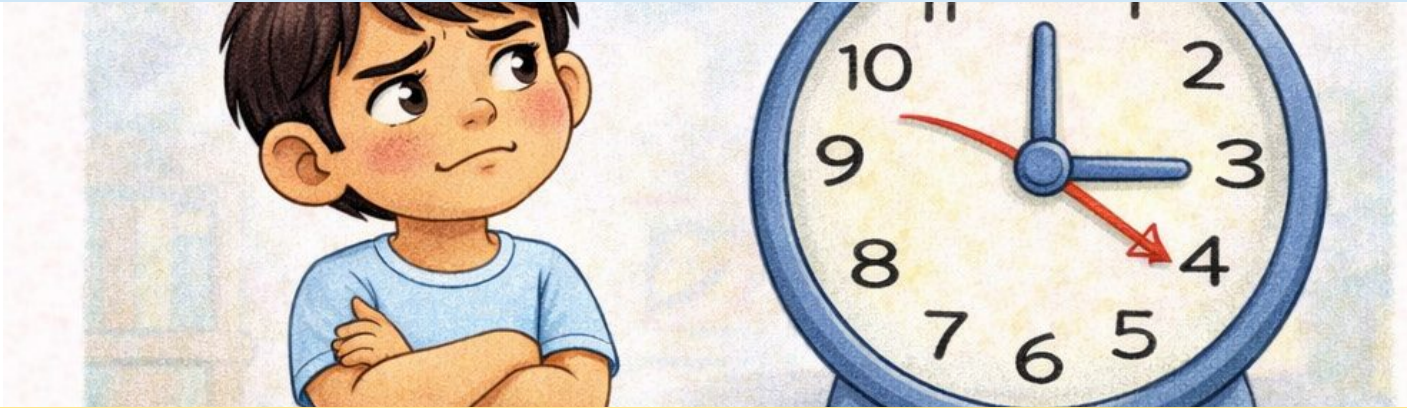
60 minutes

24 hours

An hour is always 60 minutes.
A day is always 24 hours.



Time stays the same, even when I want it to be different.



I can learn about time. I can use clocks, timers, and schedules to help me.



Time keeps moving forward.

I can do my best with the time I have.