My airport and airplane story



This is my airport and airplane story.

A reading edition. We can point to choices and talk together. There are no wrong answers.

Arriving at the airport



I am at the airport with Mum and Baba.

The airport may have bright lights, rolling suitcases, and voices coming from speakers.

What might help me first?

□ Stay close to Mum and Baba

□ Hold a hand

□ Ear defenders

Staying together



I stay with Mum and Baba.

How would I like to stay together?

□ Walk between them

□ Mum’s hand

□ Baba’s hand

Travel papers and bags



Workers check our travel papers and bags.

At security, some things go into trays and through a checking machine.

What happens at security?

□ Things go in a tray

□ The tray goes through a machine

□ Stay close to Mum and Baba

A worker may ask something new



A worker may ask us to do something new.

Mum and Baba can help me understand.

I do not have to understand immediately.

If I am not sure, what might help?

□ Ask Mum

□ Ask Baba

□ Take a moment to understand

Finding the gate



After the checks, we find our gate.

The gate is the place where we wait to board our plane.

What is the gate?

□ A place to wait

□ A place before boarding

□ A place to stay with Mum and Baba

Toilet break before boarding



We can have a toilet break before boarding.

Some public toilets flush by themselves.

If there is an auto-flush sensor, Mum or Baba can help cover it with a sticky note.

What might help in the toilet?

□ Go before boarding

□ Cover the sensor

□ Ask Mum or Baba for help

Finding our seats



We find our seats.

Our bags go in the places the crew shows us.

Different airplanes can have different seats. This airplane has two seats on each side, with an aisle in the middle. I may sit beside Mum while Baba sits across the aisle. We are still travelling together.

Where might a bag go?

□ In the overhead bin

□ Under a seat

□ I can sit with Mum, with Baba across the aisle.

□ There might be a gap between me and one parent, and that is okay.

Sitting down and fastening my seat belt



I sit down and fasten my seat belt.

I keep it on while I am seated.

What do I do in my seat?

□ Sit down

□ Fasten my seat belt

The plane makes sounds and takes off



The plane makes sounds.

It moves quickly along the ground.

Then it lifts into the sky.

What might help me during takeoff?

What might help me during takeoff?

□ Ear defenders

□ Hold a hand

□ Use something familiar

My comfort choices



There are different things that might help me feel comfortable.

I can choose what helps me.

I can wear my ear defenders. I can hold the hand of the parent beside me, look at a book or screen, or use a familiar activity when it is allowed.

I can choose what helps me.

What might help me right now?

□ Ear defenders

□ Mum’s hand

□ Baba’s hand

□ iPad

□ Phone

□ Rubik’s cube

□ Numberblocks figure

Sometimes the plane feels bumpy



Sometimes the plane feels bumpy.

The crew may ask everyone to stay seated.

If the plane feels bumpy, what might help?

□ Stay buckled

□ Hold a hand

□ Ear defenders

□ Familiar activity

My ears may feel full or pop



My ears may feel full or pop.

Swallowing, yawning, or sipping water may help.

If my ears hurt, I tell Mum or Baba.

What might help my ears?

What might help my ears?

□ Swallow

□ Yawn

□ Sip water

□ Tell Mum or Baba

If I need the toilet



If I need the toilet, I tell Mum or Baba.

They check when it is safe to get up.

If I need the toilet, I tell Mum or Baba.

If I need the toilet, what do I do?

□ Tell Mum

□ Tell Baba

□ Wait until it is safe

We stay on the airplane during the flight



We cannot leave the airplane during the flight.

We can find ways to feel more comfortable in our seats.

There might be a gap between me and one parent, and that is okay.

What could make my seat feel more comfortable?

□ Ear defenders

□ Hold a hand

□ Familiar activity

□ Sip water

□ I can sit with Mum, with Baba across the aisle.

□ There might be a gap between me and one parent, and that is okay.

We did it!



I can stay with Mum and Baba.

I can ask for help.

I can find ways to feel more comfortable.